

REFLEX INTEGRATION 101

Developing the Brain from the Bottom Up!

Level I and II Course

COURSE OBJECTIVES

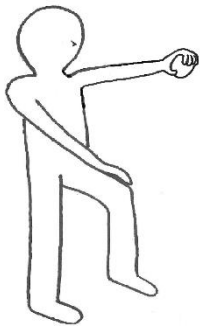
Level I

- ✓ Move, play, feel, explore, and experience the development of early motor patterns and how they affect our behaviors now.
- ✓ Understand how sensory systems and primitive reflexes affect *learning, behavior, anxiety, fears, and focus*.
- ✓ Learn about two key primitive reflexes which relate to the fight/flight/freeze responses.
- ✓ Learn how to identify when crucial primitive reflexes are not fully integrated/developed by observing movement patterns and behaviors.
- ✓ Explore and play with hands-on tools to help integrate primitive motor patterns that are interfering with physical, social, and emotional development and learning.



Level II (Prerequisite – Level I)

- ✓ Understand the relationship between reflex integration and language development, reading, writing, and so much more!
- ✓ Learn about and explore five additional key primitive reflexes which cause stress in the central nervous and sensory systems.
- ✓ Lock in the knowledge for take away concepts and tools that can be used immediately!
- ✓ Move, play, feel, explore, and experience the development of early motor patterns and how they affect our behaviors now.
- ✓ Take home a BBS Model Tool Kit used to implement the knowledge learned.



2020 COURSE DATES

April 3-5 July 28-30 October 16-18

COURSE LOCATION

1779 Quaker Street, Northbridge, MA

COURSE FEES

Level I only: \$190 – Level II only: \$360 – Package Deal Levels I & II: \$525

BBS Energy Works Course Instructor

BBS Energy Works, LLC owner Christina Grace Hayes is a Developmental Specialist with a degree in Early Childhood Education, a licensed Brain Gym® Consultant and Instructor, a licensed Emotion Code Therapist, a Reiki Master, an Advanced Integrative Energy Therapist, and more! Christina co-founded Brain Fit Academy, Inc. where she co-developed this Reflex Course to support education for children and adults who struggle with cognitive, physical, social and emotional challenges at any age.

