



REFLEX INTEGRATION 101

Developing the Brain from the Bottom Up!

Level I and II Course

COURSE OBJECTIVES

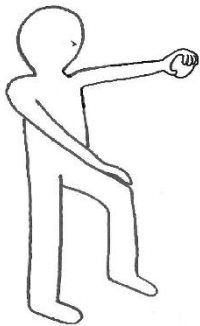
Level I

- ✓ Move, play, feel, explore, and experience the development of early motor patterns and how they affect our behaviors now.
- ✓ Understand how sensory systems and primitive reflexes affect *learning, behavior, anxiety, fears, and focus*.
- ✓ Learn about two key primitive reflexes which relate to the fight/flight/freeze responses.
- ✓ Learn how to identify when crucial primitive reflexes are not fully integrated/developed by observing movement patterns and behaviors.
- ✓ Explore and play with hands-on tools to help integrate primitive motor patterns that are interfering with physical, social, and emotional development and learning.



Level II (Prerequisite – Level I)

- ✓ Understand the relationship between reflex integration and language development, reading, writing, and so much more!
- ✓ Learn about and explore five additional key primitive reflexes which cause stress in the central nervous and sensory systems.
- ✓ Lock in the knowledge for take away concepts and tools that can be used immediately!
- ✓ Move, play, feel, explore, and experience the development of early motor patterns and how they affect our behaviors now.
- ✓ Take home a BBS Model Tool Kit used to implement the knowledge learned.



2019 COURSE DATES

August 12-14 December 6-8

2020 COURSE DATES

April 3-5 July 28-30 November 16-18

COURSE LOCATION

1779 Quaker Street, Northbridge, MA

COURSE FEES

Level I only: \$190 – Level II only: \$360 – Package Deal Levels I & II: \$500

BBS Energy Works Course Co-Developer & Instructor

BBS Energy Works, LLC Owner Christina Hayes is a licensed Brain Gym® Consultant and Instructor, a Developmental Specialist with a degree in Early Childhood Education, a licensed Emotion Code Therapist, a Reiki Master, an Integrative Energy Therapist, and more! She also co-founded Brain Fit Academy, Inc. where she practiced Brain Gym concepts and movements, and now continues that work with children and adults who struggle with cognitive, physical, social and emotional challenges at any age.

