EARLY REFLEX DEVELOPMENT 101
Brain Development from the Bottom Up!
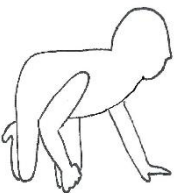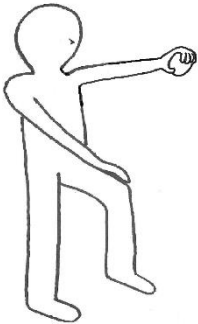
COURSE OBJECTIVES

Part I

- ✓ Move, play, feel, explore, and experience the development of early motor patterns and how they affect our behaviors now.

- ✓ Understand how sensory systems and primitive reflexes affect *learning, behavior, anxiety, fears, and focus.*

- ✓ Learn about two key primitive reflexes which relate to the fight/flight/freeze responses.

- ✓ Learn how to identify when crucial primitive reflexes are not fully integrated/developed by observing movement patterns and behaviors.

- ✓ Explore and play with hands-on tools to help integrate primitive motor patterns that are interfering with physical, social, and emotional development and learning.

Part II

- ✓ Understand the relationship between reflex integration and language development, reading, writing, fine/gross motor skills, fine/gross motor, social interactions, cognitive abilities and so much more!

- ✓ Learn about and explore five additional key primitive reflexes which cause stress in the central nervous and sensory systems.

- ✓ Lock in the knowledge for take away concepts and tools that can be used immediately!

- ✓ Move, play, feel, explore, and experience the development of early motor patterns and how they affect our behaviors now.

- ✓ Take home a BBS Model Tool Kit used to implement the knowledge learned.

COURSE DATE

To Be Determined

COURSE LOCATION

Northbridge, MA

COURSE FEES

$525

BBS Energy Works Course Instructor

BBS Energy Works, LLC owner **Christina Grace Hayes** is a Developmental Specialists with a degree in Early Childhood Education, a licensed Brain Gym® Consultant and Instructor, a licensed Emotion Code Therapist, a Reiki Master, an Advanced Integrative Energy Therapist, and more! Christina also co-founded Brain Fit Academy, Inc. where she co-developed this Reflex Course to support education for children and adults who struggle with cognitive, physical, social, and emotional challenges at any skill level and age.